## **Self-Reporting Activities**



## User Instructions

## How to Self-Report Wellness Activities

1. Click *Enter Information* next to the activity you wish to record.



2. Provide information for all available fields, confirm the information is true, and click **Submit** to record your entry.

CHARITY/COMMUNITY WALK	
Which race/walk did you participate in?	
Location:	
Date of Charity/Community Walk:	
<ul> <li>I confirm that the information is true to the best of my knowled by falsifying any information, disciplinary action may occur.</li> </ul>	ge and that
	Close

3. You will receive confirmation the entry has been recorded with the green check mark next to the activity and an updated point total will be reflected at the top of the dashboard.

